Rising Moon Birth Services
Letter of Agreement Describing Placenta Encapsulation Services

Placenta Encapsulation Description

Placenta encapsulation is the process of preparing the mother’s placenta after the birth of her baby by dehydrating, powdering and placing it into capsules for the mother to use as she sees fit.

Limitations and Disclaimer

I am not a licensed medical professional and I am not able to diagnose, treat, or prescribe for any health condition. Services and fees are for the preparation and encapsulation of your placenta, not for the sale of the pills. No specific benefits or effects are promised. Any benefits will vary from person to person. Some of the ascribed benefits of placenta consumption are supported by research; however these benefits have not been evaluated or approved by the FDA. It is your responsibility to determine whether using placenta preparations may be of benefit to you.

Client Responsibility

It is your responsibility to notify me after the birth (ideally within 24 hours) to make arrangements for pick up, drop off or for me to come to your home. Failure to do so may result in delayed placenta preparation and encapsulation and may cause spoilage of the placenta, which would render it unusable for encapsulation.

It is your responsibility to discuss release of your placenta from the hospital where you give birth (or backup hospital for home births) and to ensure proper labeling and storage of your placenta in a refrigerator or cooler with the placenta placed on ice until it can be picked up or delivered for preparation and encapsulation. Your placenta should not be treated with alcohol, formalin, or any other preservative. Please contact me if you need assistance with hospital release. You should contact the hospital directly, not just your doctor or midwife.

Whether birthing at home or in a hospital, please ensure your placenta is kept fresh. It can remain at room temperature for 3-4 hours following the birth. After that it should be refrigerated or otherwise kept cool. If you are practicing some form of delayed cord cutting or lotus birth, ice packs may be wrapped up with the placenta to prevent spoilage. If it is going to be more than 3 or 4 days before the placenta can be prepared it should be frozen. A frozen placenta will take somewhat longer to prepare since I prefer to gently defrost it prior to preparation.

You can prepare your placenta for transport by placing it in a couple of large, freezer strength Ziploc bags or in a large plastic Tupperware, yogurt, or ice cream container or glass casserole with lid, then into a cooler with ice packs or into a refrigerator. Most hospitals will provide a container or bag. Please do not place the placenta directly on the ice.

It is important to note that there may be circumstances under which your placenta cannot be used. Significant abnormalities of the placenta may necessitate your doctor or midwife sending
your placenta to Pathology for further examination. Other conditions, such as signs of infection in the mother during labor, may mean that consuming your placenta will not be beneficial to you.

If in doubt, I will consult with you before proceeding. It should be possible to claim your placenta after Cesarean surgery.

**Please let me know if you have any health conditions which may affect the health of your placenta or the health and safety of anyone who may come in contact with your placenta. If you taking any medications regularly, other than prenatal vitamins, please detail them on the other side of this page.**

**Service Description**

There are two methods of which I am able to prepare your placenta for encapsulation:

- **Raw** - Placenta is drained of blood, sliced thinly, then dehydrated, and ground for encapsulation.

- **Traditional Method** - Placenta is drained of blood, steamed with slices of fresh lemon, ginger, and jalapeno peppers in the water. Once steamed, the placenta is thinly sliced, dehydrated and ground for encapsulation.

I will pick up your placenta at an agreed upon time and have your pills completed within 72 hours. I will contact you once your pills are completed to arrange a time for drop off.

**Pill drop-off MUST be within 3 days of pills being complete for guaranteed freshness. This is a safety precaution because the pills need to be refrigerated- I do not refrigerate them at my house to avoid condensation forming on the bottle during transport.**

In all cases, please remember that I am also a birth doula. In the event that I am called to a birth or have another client’s placenta preceeding yours, there may be a delay of 24 hours or more in preparing your placenta. I will contact you if this is the case.

I will provide a written explanation of the proper storing and handling of the finished placenta capsules and guidelines for daily usage.

**Fees**

- **$175 for the Complete Package.** This includes picking up the placenta from you and dropping off the finished capsules at your home.

- **A la carte- Please see attached.**

- **$150 for doula clients.** I will take your placenta home with me.

The Complete Package fee includes the preparation and encapsulation of the placenta, a storage container, written instructions for storage and handling, and guidelines for taking your capsules. An umbilical cord keepsake is provided where possible. I will also include a tincture made up of
a small piece of fresh placenta, which may be used in the months after your capsules are used up. The tincture will be ready 6 weeks after the placenta is encapsulated.

I request a deposit of $50 upon signing of this contract, with the balance due before I take your placenta home. Payments may be made by personal check, credit/debit card, or cash.

**Refunds**

In the event your placenta is unavailable to you (e.g. sent to Pathology and not released) or if you change your mind and choose to terminate this contract prior to releasing your placenta to me, any fees paid including the deposit will be refunded in full.

If you choose to terminate this contract after releasing your placenta to me but before any preparation has begun, I will return your placenta to your for disposal. Your $50 deposit will be retained, but any other portion of the fee will be returned.

The will be no refund once preparation has begun, even if you choose not to take delivery of the finished capsules.

I, __________________________, have read and understand the terms of this agreement.

My due date is: __________________________

I am delivering at: __________________________

Client’s signature _____________________________________________

Date __________________________

Home address: _____________________________________________

__________________________________________________________

Home phone: __________________________

Other phone: __________________________

Partner’s name (or someone who may call after the birth): __________________________

Thank you for entrusting me with your precious placenta!

Sarah Cowan-Peckham
931-338-1311
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<th>Please select all that apply:</th>
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<th>Price</th>
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<tr>
<td>Complete Package- Pills, Tincture, Print, and Keepsake</td>
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**A la Carte**

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<td>Raw Method</td>
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<td>Traditional Method (steamed)</td>
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